

# The Concord Center

The Concord Center, LLC, is accepting applications for a one-year postdoctoral fellowship (with an option for a second year, to be determined mutually) beginning in September 2023. The Concord Center is a group practice in Concord, MA, specializing in evidence-based treatments for mood and anxiety disorders, OCD, personality disorders, and related emotion dysregulation in children, adolescents, and young adults. Individual and group therapy services are provided using evidence-based modalities, with a focus on cognitive behavioral therapy (CBT), exposure and response prevention (ERP), and dialectical behavior therapy (DBT), among others. Qualified applicants will have specific training and expertise in evidence-based treatments and seek to strengthen their experience working with children and adolescents.

The Concord Center, LLC, seeks to increase the access to, and advancement of, evidence-based care in our community. We strive to provide playful intervention, outreach, consultation, and training that results in measurable and lasting outcomes. Fellows have the opportunity to contribute to various activities that help advance the mission of The Concord Center. They will select a primary training concentration in one of the following areas:

- Intensive outpatient treatment for adolescents with anxiety and/or OCD and related disorders
- DBT with adolescents and young adults
- CBT with children and families

Additionally, fellows will have the opportunity to further their training in Acceptance and Commitment Therapy (ACT), body focused repetitive behaviors (BFRBs), eating disorders, trauma, the Unified Protocol for Children/Adolescents (UP-C/A), Parent Child Interaction Therapy (PCIT), group therapy, and other specialized CBT treatments.

The fellow will receive supervised experience providing evidence-based treatments across the lifespan in individual and group treatment. Specific training components include:

- Two hours of individual supervision per week
- One to two hours of weekly group case consultation meetings
- Weekly didactic seminar on topics relevant to CBT, DBT, and other specialized empirically supported treatments
- Stipend towards structured trainings and certifications, depending on the fellow's goals for specialization

Additional opportunities are available depending on the interest of the fellow, including co-supervision of practicum students, engagement in outcome research, community outreach, participation in committee work, writing projects, or speaking opportunities.

Qualifications:

- Doctoral degree in Psychology and successful completion of an APA accredited internship
- Prior training in evidence-based treatment—e.g., cognitive behavior therapy, exposure and response prevention, parent child interaction therapy, dialectical behavior therapy, acceptance and commitment therapy, or motivational interviewing
- Experience using these treatments to address anxiety disorders (social anxiety, GAD, panic

- disorder, specific phobias), OCD, and related mood disorders
- Preferred experience providing clinical care to children and/or adolescents, along with adults
  - Eligible to work in the United States

Postdoctoral fellows will receive a competitive stipend, health insurance, access to the group 401(k), individual office space, and other benefits.

Applications will be reviewed on a rolling basis and must be received by January 15, 2023.

To apply please email cover letter, CV, and 3 references to Dr. Benjamin Banister:

[bbanister@concordcbt.com](mailto:bbanister@concordcbt.com)

Website: [www.concordcbt.com](http://www.concordcbt.com)